

POST-TREATMENT INFORMATION AND INSTRUCTIONS

Typical immediate post treatment reactions can be: Perifollicular erythema (Slight red bumps); Slight edema (minor swelling); Slight erythema (redness), which disappear within 1-3 days.

Post Treatment Precautions:

- Treat the area delicately. DO NOT rub, scratch or pick the treated area.
- If the treated area becomes tender or shows signs of infection such as pus or tenderness, please notify the clinic.
- Avoid using hot water on the treated area for 24 hours following treatment.
- Avoid swimming, sports, and strenuous exercise for 48-72 hours following treatment.
- Avoid using Retinol, Retin A, Tretinoin, AHA/BHA's, Hydroquinone and topical acne treatments if receiving facial laser hair removal 3-5 days post treatment.
- Do not shave the area if crusting or blistering occurs.

Caring For Treated Area:

- After the laser treatment it is recommended to moisturise and hydrate the skin.
- Keep the treated area clean.
- Please notify the clinic if experiencing discomfort, such as swelling, redness, or itchy sensation, can be relieved by taking an oral antihistamine and applying cortisone to the treated area once a day.
- It is best not to use make-up for three days on the treated area. If makeup is a must, you should apply and remove it very delicately. Excessive rubbing can cause trauma to the area and may increase the chance of scarring or hyper-pigmentation.
- Treated hair will exfoliate or push out in approximately 2 to 3 weeks (sometimes sooner), and may appear darker and thicker before falling out.
- DO NOT shave for a minimum of 3 days post treatment.
- DO NOT occlude the underarm with deodorant for three days. Use a light powder instead.
- When showering, always gently rinse with cool or tepid water and gently pat the area dry. DO NOT rub.
- Apply a high-protection sunscreen to the area for 4-6 weeks after treatment. Avoid exposure to direct sunlight or sunlamp.

Remember:

To achieve the desired results the specified number of treatments must be adhered to. Skipping treatments, even when it appears you have achieved results, will result in a less than adequate outcome and long term results will be sacrificed.

To reduce your risk of complications, it is important to follow both PRE and POST treatment instructions. If you have any questions or concerns, please contact your laser technician