

## **NEW CLIENT CRITERIA AND PRE-TREATMENT INSTRUCTIONS FOR LASER HAIR REMOVAL**

### **Exclusion Criteria:**

- Clients on accutane
- Treatment directly over a tattoo
- Pregnancy and/or breastfeeding

### **Criteria that requires a physician's approval:**

*\* Please note that all physicians approvals need to be signed, emailed or OhMD, prior to treatment OR brought into Glow for your first scheduled treatment.*

- History of keloids
- Active cancer (to include skin cancer)
- Chemotherapy and/or radiation within the past 10 years
- Seizure disorders
- Treatment over mole

### **Criteria that requires a consultation:**

- Clients with blonde, light brown or red growth in the treated area
- Clients under 18 years of age
- Facial laser hair removal

### **Pre-treatment considerations PRIOR to laser hair removal**

- NO UV exposure (sun or tanning beds) or selfless tanner 2 weeks BEFORE laser hair removal
- NO waxing, epilating, bleaching 2 weeks BEFORE laser hair removal
- Patients with history of HSV
  - Cold sores (HSV1): clients with cold sores around their mouth having laser hair removal in the affected area, should pre-treat with Valtrex.
  - Genital herpes (HSV2): clients with sores around their genitalia having laser hair removal in the affected area, should pre-treat with Valtrex.
- Discontinue all listed for 7 days prior to treatment to avoid skin sensitivity
  - Retinol, Retin A, Tretinoin
  - AHA/BHA's ex. Salicylic acids, clindamycin, glycolic acids, lactic acids, malic acid, mandelic acid, tartaric acid, dioic acid, trethocanic acid, tropic acid
  - Hydroquinone
  - Acne treatments (topical)
  - Cyspera